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|  | **1 – Area of Need** | **2 - Acceptable** | **3 – Area of strength** |
| **Skills** | Occasionally exhibits proper skill mechanics | Frequently uses proper skill mechanics | Demonstrates proper skill mechanics consistently |
| **Participation/effort** | Avoids participating. | Participation/Effort is fairly consistent. | Participates, gives top effort all the time. |
| **Behavior** | Off task, excessive socializing, fooling around, does not listen and/or follow directions. | Frequently uses proper classroom behavior, often listens and/or follows directions. | Demonstrates proper classroom behavior, on task consistently, listens and follows directions. |
| **Sportsmanship** | Does not exhibit fair play, often disrespectful to other players. | Understands the importance of playing, cooperating, and respecting others. | Demonstrates the importance of fair play, cooperation, team work and respecting others. |
| **Physical Fitness** | unable to understand and demonstrate more than two of the five components of physical fitness | Understands and demonstrates three of the five components of physical fitness. | Understands and demonstrates all the components of physical fitness. |